



# ENTERING INTO GOD'S REST (1)

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2025: OUR YEAR OF FULFILLED DREAMS GENESIS 41:1, GENESIS 42:9

- God cannot be stranded, even if you fail to fulfil His word. His word is eternal and will not go unfulfilled. When those to whom the promise was first given failed to enter His rest, God raised others to walk in it. The divine purpose cannot be aborted—it will always find expression through willing vessels (**Genesis 2:8-18, Hebrews 4:4-11**).
- From the very beginning, God was intentional and deliberate in ensuring that everything was made ready, complete, and perfect for us. This has always been God's divine agenda and eternal intention: to establish creation in wholeness and harmony with His purpose (**Ecclesiastes 7:29, TPT**).
- If you truly want to understand God's intention about any matter, return to the beginning (**Matthew 19:1-8**). From the beginning, God revealed His perfect design and divine order. **Genesis 2** unveils not just the story of creation, but the template for life—a pattern, a protocol, and a rule of living that reflects God's divine purpose.
- The Sabbath is a divine demonstration of rest. It is far

more than a law. God Himself demonstrated it by resting, not because He was weary, but to reveal a deeper truth. When He sanctified the Sabbath, He was showing us the profound rhythm of life designed from the beginning. This act has **four key implications**:

- **(1) Sabbath is a demonstration of rest:** Rest is necessary (**Exodus 16:23-26**). God was deliberate in ensuring that the principle He established in **Genesis 2** continues. Whether through miraculous provision, like manna, or through diligent service, rest is an essential part of life. It is a divine rhythm intended to sustain our physical, spiritual, and emotional well-being.
- Any breakthrough that seems to be breaking you down is either not from God or it is from God, but you are responding to it incorrectly. God's breakthrough is meant to lift you, not crush you. It should inspire growth, faith, and progress, not leave you exhausted, defeated, or unable to find rest. When a divine promise aligns with your life, it strengthens you even in the process of challenge.

- **(2) The Sabbath is a demonstration of faith:** The second implication of observing the Sabbath is that it demonstrates faith in God. When you honour God with your time, focus, and attention, you are trusting Him to provide and orchestrate all other areas of your life. It declares that you believe God is in control, and when you align your life with His design, your resources, opportunities, and provisions will follow.
- It takes **faith to pause when God says pause.** In a world that never stops moving, it may feel strange to halt while everyone else is in motion. Yet, true obedience requires trusting God's timing rather than following the crowd. The principle is clear: we must pause and focus on God, resting in His presence and aligning with His purpose. As Isaiah 58 reminds us, when we humble ourselves, honour His timing, and prioritise communion with Him, our pause becomes a place of breakthrough, restoration, and divine alignment.
- **(3) The Sabbath is a sign of covenant and sanctification:** The third implication of the Sabbath is that it is not merely a matter of law (**Exodus 20**); it is a

profound matter of covenant and separation. Observing the Sabbath is an expression of sanctification; it sets God's people apart from the world (**Exodus 31:12-16, Isaiah 56:6-8**). God has never intended for His people to be indistinguishable from the world.

- We should not seek the approval of men or compromise our integrity to avoid contradiction, verbal attacks, or even physical opposition simply because we are different. Life will present circumstances and challenges that may put us in uncomfortable or potentially shameful situations (**Luke 9:26, Mark 8:38, Matthew 10:32-33, James 4:4, Matthew 5:16**). God calls His people to shine and demonstrate their distinctiveness through their actions.
- Do not expect everyone to like you when your light is shining. The Bible reminds us that men love darkness more than light (**John 3:19**). When you walk in truth, righteousness, and the calling of God, your life may make others uncomfortable, but this is a sign that you are aligned with His purposes. Let your light continue to shine boldly, trusting that God honours those

who stand in His light, even in the face of opposition.

- **(4) The Sabbath points to Christ:** The fourth implication of the Sabbath is that it finds its fulfilment in Christ Himself **(Colossians 2:16-17)**. The Sabbath is not merely about observing a specific day, refraining from activity, or following ritual protocols; it is about entering into the rest and life that Christ provides **(Luke 6:5)**. The Sabbath's ultimate reality is not rooted in Moses or the ancients; it points to Christ, the true source of rest, provision, and fulfilment.
- It is crucial for us to focus on the Lord of the Sabbath and understand His intention when He established this sacred ordinance. Jesus continually emphasised its significance, inviting us to experience its true purpose **(Matthew 11:28-29)**. Christ calls us to come to Him, learn from Him, and find rest for our souls.
- The ultimate goal of the Sabbath is not ritual compliance but entering into the rest that only Christ can provide—a rest that restores, strengthens, and aligns us with God's divine purpose.

- One clear sign of a life that has truly entered the rest of God is the absence of worry and anxiety **(Matthew 8:23-26)**. Whether it is an individual, a family, a church, or an entire community, the fruits of God's rest are evident in calmness, confidence, and steadiness. They are not tossed by fear, panic, or uncertainty. Instead, they walk in divine serenity, knowing that God is in control.
- The second evidence of a life that has entered into the rest of God is the peace of God **(1 Chronicles 22:9)**. God's presence brings assurance, stability, and tranquility, marking those who dwell in His rest. A person, family, church, or community that has embraced God's rest will experience a deep, unshakable peace, even amid life's challenges. This peace is a sign that God's order and purpose are firmly established in their lives.
- The third evidence of a life that has entered into God's rest is the experience of divine provision **(Proverbs 3:5-6)**. Trusting in the Lord and acknowledging Him in all things ensures that He directs our paths and meets our needs. A person, family, church, or community walking in God's rest will experience provision beyond

their efforts, as God's faithfulness manifests in every area of life. They trust Him, and He provides in ways that surpass human understanding.

- The fourth evidence of a life that has entered into God's rest is establishment (**1Chronicles 17:11, Colossians 2:6-7**). Those rooted in God's rest are firmly established, grounded in faith, and steadfast in His ways (**Hebrews 12:28-29**). They belong to a kingdom that cannot be shaken, standing firm amid life's storms and challenges. A person, family, or community walking in God's rest exhibits unshakable stability, reflecting the security and permanence of God's kingdom in their lives.

### Prayer Points

- **1. Victory Over Anxiety and Worry**

Father, in the name of Jesus, I declare that I live above every form of anxiety and worry.

Lord, fill my heart with divine peace and confidence in Your promises.

- **2. Living in Divine Provision**

O Lord, I receive grace to live daily in Your divine provisions.

I shall not lack any good thing; You are my Shepherd, and I shall not want.

- **3. Enjoying the Peace of God**

Father, let Your peace that passes all understanding guard my heart and mind in Christ Jesus.

I enjoy supernatural calmness in every area of my life.

“The ultimate goal of the Sabbath is not ritual compliance but entering into the rest that only Christ can provide—a rest that restores, strengthens, and aligns us with God's divine purpose.”

- **4. Establishment Beyond Oppression**

In the name of Jesus, I am established beyond every form of oppression or limitation.

No force of darkness will prevail against my stability and progress.

- **5. Enlightenment of Understanding**

Lord, open the eyes of my understanding.

Grant me revelation knowledge and spiritual insight to walk in Your perfect will.